

## Television stars

'Good Morning Arizona' visits  
Fort Huachuca - **Page 4**



## Cookin'

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culinary classroom - **Page B4**

# The Fort Huachuca Scout®



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September 18, 2003

## Scout reports

e-mail: [thescout@hua.army.mil](mailto:thescout@hua.army.mil)

### Case lot sale Friday

The Commissary Case Lot Sale will be held Friday through Sunday, during normal commissary hours. For more information, call 533-5540.

### CFC training

The 2003 Combined Federal Campaign for Fort Huachuca and Cochise County is set to run from Sept. 29 to Nov 7.

Training for all unit representatives and unit key workers will take place Friday from 9:30 to 11:30 a.m. and again from 1:30 to 3:30 p.m., in the Greely Hall Auditorium.

### Dinner at Lakeside

The Coronado Chapter of The Military Officers Association of America, formerly The Retired Officers Association, will hold its monthly dinner meeting for members, spouses and guests at 7 p.m. today at Fort Huachuca's LakeSide Activity Centre.

For more information contact the chapter secretary, retired Chief Warrant Officer Joe Gill, at (520) 458-4099 or e-mail [joe.gill1@cox.net](mailto:joe.gill1@cox.net).

### O'zone parking

Effective immediately, all parking in the rear of Building 80501, the O'zone Club, will be off limits to all soldiers and civilians.

The O'zone Club will become the new Military Clothing Sales Store.

This area will become the loading/unloading area for tractor trailers, trucks, etc. This area will also contain a new loading dock. The trucks will need the area to maneuver.

Construction on the O'zone Club will start sometime this week. Most of the work will be interior construction, with the exception of the new loading dock.

### Get in the Scout

Deadline for submissions to the Scout is 2 p.m. on the Friday prior to publication. For more information call 533-1987.

## INSIDE

### Caring for the future

Finding suitable childcare can be a problem for working parents. The first in a series of articles on Army services for families overviews childcare on Fort Huachuca. **Page 3**

### Out goes the money

As the fiscal year comes to a close, a contracting office explains spending rules. **Page 3**

### Back from Iraq

Celebration at United States Army Information Systems Engineering Command welcomes workers back from the middle east. **Page 5**



Photo by Spc. Matthew E. Chlosta

(Left to right), American Veterans Post #89 representatives, retired Sgt. Maj. J.C. Russell and retired Sgt. Maj. Leo Pimple, stand at parade rest early Wednesday morning during the opening ceremony for the American armed forces prisoner-of-war and missing-in-action two-mile walk-a-thon at Chaffee Parade Field. "It's great," said Pimple, "a wonderful way to memorialize POWs and MIAs."

# POWs, MIAs remembered, honored

BY JOAN VASEY  
USAIC&FH PAO

Members of the American armed forces who were former prisoners of war and soldiers missing in action were commemorated during two special activities yesterday. An early morning walk-a-thon and a commemorative luncheon honored former POWs and MIAs.

The two-mile walk-a-thon was conducted from 6-8 a.m. at Chaffee Parade Field as groups of military and civilian walkers and runners enjoyed music by the 36th US Army Band, Regimental Band of the Military Intelligence Corps.

A special POW/MIA recognition luncheon was also held at La Hacienda.

"This was an event to let local POWs and families of those missing in action know that they are not forgotten. We appreciate the time they served even though some of it was in spent in confinement," said Chaplain Scott Daniel of the 11th Signal Brigade, luncheon coordinator.

Norman Wiseman, a World War II US Army Air Force pilot and former prisoner of war spoke at the luncheon and described his experience as a prisoner of war during World War II. Wiseman was part of a bombing mission out of Italy

when his B-24 aircraft was shot down over Linz, Austria on Aug. 10, 1944.

He was interred in prison camp until Feb. 6, 1945. On that day, he and the other prisoners begin an 86-day, 650-mile walk to freedom. Later, Wiseman made more than 100 round-trip supply flights as part of the "Berlin Airlift."

POW/MIA Recognition Day has been celebrated for less than 25 years. Until July 18, 1979, no commemoration was held to honor America's POW/MIAs, those returned and those still missing and unaccounted for from our nation's wars. That first year, resolutions were passed in

the Congress and the national ceremony was held at the National Cathedral, Washington, D.C.

National POW/MIA Recognition Day legislation was introduced yearly, until 1995 when it was deemed by Congress that legislation designating special commemorative days would no longer be considered by Congress. The president now signs a proclamation each year.

In an effort to accommodate all returned POWs and all Americans still missing and unaccounted for from all wars, the National League of Families proposed the third Friday in September, a date not associated with any par-

ticular war and not in conjunction with any organization's national convention as POW/MIA Recognition Day. On this date, ceremonies are now held throughout the nation and around the world on military installations, ships at sea, state capitols, at schools, churches, national veteran and civic organizations, police and fire departments, fire stations, etc.

The league's POW/MIA flag is flown, and the focus is to ensure that America remembers its responsibility to stand behind those who serve our nation and do everything possible to account for those who do not return.

## Water usage data released for August

Fort Huachuca water usage is up slightly over the August, 2002 figure, announced Michael Shaughnessey, realty specialist with the Directorate of Installation Support.

The water pumpage for August 2003 is 45,856,000 gallons or 141 acre-feet, and is equivalent to 1.5 million gallons per day. The August 2003 pumpage is 6.4 percent more than that pumped in August 2002 (132 acre-feet); however, August's

pumpage is 34.5 percent less than the 21-year (1982-2002) August average (215 acre-feet), Shaughnessey stated.

Total water pumped year to date (January-August 2003) is 1,075 acre-feet. It is the same as that pumped in August 2002, 1,075 acre-feet.

August 2003 water usage at the Libby Army Air Field, USDA Forest Service

See **WATER**, Page 5

## Contractors eligible for educational assistance

Rep. Kolbe, R-Arizona, announced Friday that the Cochise Private Industry Council received a \$3 million grant from the Department of Labor's Employment and Training Administration to train incumbent and unemployed workers.

This grant will assist 250 employers countywide with technology skill needs, focusing on the Department of Defense contractors supporting Fort

Huachuca. DoD contractors are required to employ US citizens and therefore do not employ H-1B visa holders.

These grants are financed by the user fee paid by employers sponsoring H-1B non-immigrant visa holders and are a long-term solution to domestic tech skill shortages.

Training will primarily utilize traditional classroom education with an emphasis on providing bachelor's and master's level degrees.

Online web learning and interactive television technologies will also be incorporated in the delivery strategy.

Skills targeted for training include network administrators, business process analysts, systems engineers, information technology site managers, computer security specialists, software engineers, hardware engineers, and network engineers.



# TeamTalk

## Hard work by civilians, soldiers appreciated

BY MAJ. GEN. "SPIDER" AND MARTY MARKS

Marty and I would like to take a few minutes to make sure you all know how much we appreciate the sacrifices you make every day in everything you do. From those who are deployed worldwide in support of our ongoing operations, to those great reservists and National Guard members here on Fort Huachuca helping us with force protection and mission requirements, all the cadre and students at the military intelligence school, all of our partners in NETCOM, JITC, EPG, ISEC, IEWTD, 11<sup>th</sup> Signal Brigade, our garrison staff, our civilian and contract employees and all our family members – you are all heroes!

This is a great country – and a great installation – because of each and every one of you. Thanks.

We hope you're planning on taking advantage of some super fun this weekend at the Fun Festival, set for Friday, Saturday and Sunday at Sierra Vista's Veteran's Memorial Park.

There will be carnival rides, food, live music, softball tournaments, and even a 5-kilometer "mutt march" (sounds like a good time for both the two-legged and four-legged members of the family).

This really is a great way to relax with friends and family. I'd like to thank the City of Sierra Vista for working with us to host this great partnership event.

Speaking of Sierra Vista ... we know it can often be difficult for our students and visiting soldiers without "wheels" to get from Fort Huachuca to downtown.

Vista Transit, Sierra Vista's city bus line, offers super service on post, and they've increased the number of bus stops here on the installation.

The "Fort Circular" bus stops at the commissary, PX, housing and the swimming pools; the "Fort to Downtown Express" runs evenings and weekends to Sierra Vista theaters, dinner locations and shopping centers.

There are route maps in all the bus stops (If you find a bus stop without a route map call our garrison commander. Col. Larry Portouw directly; he'll fix it!).

You can also call 417-4888 for route/time information, or go to [www.ci.sierra-vista.az.us](http://www.ci.sierra-vista.az.us).

So, not having a car shouldn't stop you from enjoying all that the surrounding com-



munities have to offer. There are lots of things to see and do; take advantage of your time here to get out and enjoy the area.

We have a super program here on post to provide quality childcare for our families. In fact, we just recently opened our top-notch new School Age Services Center.

By the way, this is the first center in the Department of Defense dedicated entirely to school age kids.

However, our facilities just don't have enough space for all the children who need daycare.

So, one of the linchpins in our child and youth services program is family childcare, where dedicated, energetic family members care for children in their homes.

We're always seeking new family childcare providers. If you are a family member 18 or older who loves working with kids and would like to work in your own home, this is a great opportunity. Our FCC staff provides all the required training free of charge.

If you're interested or just want to find out a little more about this program, call 533-2494 or e-mail [fcc@hua.army.mil](mailto:fcc@hua.army.mil).

I hope you all had the opportunity to participate in yesterday's POW/MIA observances here on post and listen to the inspiring words of our guest speaker at both the walkathon and the luncheon.

Prisoners of war and those missing in action have made – and continue to make sacrifices for all of us, and we are forever grateful.

It's a pleasure and a privilege for the Marks family to be here on Fort Huachuca, and we appreciate you all very much.

Thanks again for everything you do.



BY CHAPLAIN (MAJ.) DENNIS R. NIITSCHKE

NETCOM DEPUTY COMMAND CHAPLAIN

*"...Faithful are the wounds of a friend."* **Proverbs 27:6b**

On Wednesday, Fort Huachuca remembered our comrades in arms who remain Prisoners of War and Missing in Action. Twenty-nine former POWs from World War II, Korea and Vietnam, and their wives or widows honored the post with their presence. We honored them because of their service to our great country.

Friday is our nation's day of Remembrance of all POW/MIA personnel. It does us well to remember.

I am honored by being a friend and contact for the Ex-POWs, Cochise Chapter. It was by accident that I met Bob Leavenworth, a leader in the chapter, a few years ago in the Installation Staff Chaplain's Office. Seems while I was planning a POW/MIA recognition I'd overlooked those who lived right here in Cochise County.

Bob and I are friends to this day. Norm Wiseman, the speaker for this year's recognition, is another great American. However, many of the men and women, I met over the years who had great stories and lessons for us to hear, are no longer with us on this earth.

My hope is that we, as a military family, somehow tap into this living history and preserve it for the future. If you think about it, our World War II vets are aging quickly.

If you really think about that, our Viet-

nam era vets remaining in the military are quickly leaving and their stories are not preserved either.

As a historian, I believe that if we don't tap into our past and learn from mistakes made there, we will repeat them. A story I share with you now came about on the night of Sept. 11, 2000.

I was surfing the Web for last minute information for that year's POW/MIA program. I came upon a site for "The Wall" — a listing of Vietnam dead. About 10 men from my hometown died in Vietnam.

One was Richard Thomas. Richard was a pretty good guy, but in his last two years of high school, he got into a rough crowd.

He wound up with guys that drank and fought with everyone. Just prior to high school graduation in 1970, he was given a choice of joining the Army or going to jail. He became an Army private.

Following AIT, he was sent to Vietnam. About two weeks later he was killed.

Though I wasn't a good friend of his, I think of him sometimes (that's why I diverted to "The Wall" site) because we did talk at times, and we were the same age. Sometimes I wonder "what might have been."

On the morning of Sept. 12, 2000 I walked in front of Greely Hall and the U.S. flag was half-staff. Someone said it was flying for a retired congressman or "someone." Well, I believe that someone was Richard Thomas - because he died in Vietnam on Sept. 12, 1970 — 30 years to the day.

May we remember our friends, past, present and future, who have, are and will serve this great nation in fields of battle and at posts on home and foreign soil.

May we never forget the sacrifice made by people like Bob, Norman and Richard so that maybe, just maybe, someday there will truly be peace on earth and good will toward mankind!

## Letter to the Editor

I am British, living in Belgium and a retired police chief inspector at 56, as I am ill.

I am very interested by the United States Army and especially by the U.S. Army Intelligence Center, as you do a fantastic work in the fight against terrorism.

I just came back from a little trip in Normandy where I visited the battlefields of World War II, especially Omaha Beach. I enclose a post card, hoping you shall like it.

I don't know if units of the Intelligence

Center are in Iraq, but a I pray for the safety of our soldiers there.

Allow me to wish you, your staff and all the personnel of the U.S. Army Intelligence Center at Fort Huachuca all the best for the future, and especially good luck during our missions.

I have the honor to be, sir  
Your obedient servant,

KENNETH J. HESELWOOD  
BRUSSELS, BELGIUM

## Scout on the Street



*"The fact that it is not that cold here, and Halloween."*

Pfc. Tshayna Culpepper,  
Company D, 309<sup>th</sup> Military Intelligence Battalion



*"Football season."*

Pfc. Jacob Read,  
Company D, 309<sup>th</sup> MI Bn.



*"The change of seasons. You can really (notice) them here in Fort Huachuca."*

Spc. Jason A. Smith,  
U.S.A. Medical Department Activity



*"The World Series."*

Airman 1<sup>st</sup> Class  
Alan Sutton, Air Force  
314th Training Squadron



*"It's a combination of sweaters, leaves and football."*

Maj. Anthony Dotson,  
305<sup>th</sup> MI Battalion.



*"Easy Harley Davidson riding."*

Marcus Marlow, program manager, Director of Contracting, IMPAC Team

## The Fort Huachuca Scout®

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# Children’s well-being top priority

## Options provided through Child Development Center, Youth Services meet needs of soldiers, families

BY NELL DRUMHELLER  
SCOUT STAFF

It is Department of Defense policy to offer childcare in support of working parents and as a quality of life service for military families. The intention of the policy and reality of day-to-day living for soldiers and Department of the Army civilians and their families don’t always mesh. According to Marty Johnston, director of outreach services, more than 100 children are on the waiting list for care on post each month. But more than 1,000 Fort Huachuca children childcare is provided day-in and day-out. As many as 2,000 children are registered in the system at any given time. The Army Child Development Services policy states that childcare for working parents is an employment cost. To the men and women working with the “system” on Fort Huachuca, the well-being of the child is the priority. Heidi Malarchik, Child Development Center director, identifies with parents looking for childcare. A former soldier who decided to be-

come a full-time parent due to lack of good care, she now uses her experiences from both in and out of uniform to help parents with child care needs. She recommends that parents register their children in the system, even if one parent is planning on being a full-time care provider, as “you never know when you might need help.” Malarchik and Johnston, another veteran from years of service, recognize how childcare in the armed forces has improved over time. They agree that the Army Family Action Plan initiated the improvements in 1982, when the Army “finally started listening” to what parents had to say and recognized the needs of families.

According to Johnston, in the old days if the Army had wanted you to have a family they would have issued you one. That attitude no longer prevails. Under the sturdy umbrella encompassing childcare are both youth services and child services.

Army run facilities here include the youth center, the newly opened youth lounge, school age services and New Beginnings Child Development Center. Childcare providers and facilities are carefully monitored and regulated, according to Malarchik. There’s more than one way to nurture and care for a child and many parents opt for in home care — even if it is in someone else’s home. The Family Child Care Provider program trains and regulates a care giving system, which offers care for up to six children in a private home. According to Syretha Storey, FCC program director, potential caregivers are carefully screened, monitored and trained and typically become Family Child Care Providers out of a love for children. “Many of our providers choose this route because they have children at home and this allows them to care for their own chil-

dren and add to the family income,” she said. Another benefit to the care provider is the socialization offered to their children with the children brought into the home. When parents drop their children off at Army childcare facilities, they’re getting their money’s worth. Army-wide, children are placed in developmental care, as opposed to centers where custodial care is provided. The big difference between custodial and developmental care is in the level of staffing, facility design and maintenance, standards, funding and the child’s progress. A national study shows that good quality (developmental) care costs only about 10 percent more than mediocre care. Even with the intent for quality care and having the processes in place, not all of Fort Huachuca’s children are receiving the care they need. It’s a matter of slots, both Storey and Johnston agree. There are currently 20 Family Child Care Provider homes, 10 more caregivers in training to open the service within their homes, but a need for at least 10 more, according to Storey. And there’s a waiting list for newborns at New Beginnings. (Editor’s note: this is the first in a series of articles on childcare on Fort Huachuca.)



Photo by Nell Drumheller

More than 100 children are awaiting child care on Fort Huachuca.

# Desert dwelling soldiers get cooling mist

BY KAREN WEIL  
THE SCOUT STAFF

In a few days, some soldiers serving in Iraq will have a very cool weapon to fight off the heat. On Wednesday, Sept. 10, Jana Proctor handed over 1,038 personal misting devices to the 11th Signal Brigade Headquarters. Proctor, a Sierra Vista resident, has been raising money to make sure enough of the devices — known by their commercial name, Misty Mates — are sent to every soldier deployed from Fort Huachuca to Iraq. The project is called Desert to Desert. The Misty Mate is a small container about the size of a soda can, complete with tubing and a knob. To make it work, a person must fill it with water; use the hand pump to apply pressure and turn the knob, releasing a fine mist of water. After Col. Brian Hurley, commander of the 11th Signal Brigade,

received the donation, Capt. Mark Henry, rear detachment public affairs officer, 11th Signal Bde., hauled them to the fort post office and shipped those all off priority mail. “Captain Henry said he really wanted soldiers to get it in 10 days,” said Proctor, who is married to Deputy Commandant Jerry V. Proctor, the U.S. Army Intelligence Center and Fort Huachuca. “It made it me feel good.” Proctor said that, even with fall approaching, Misty Mates would undoubtedly come in very handy to the men and women serving on the frontlines. “I checked the weather in Baghdad,” she said. “It was 105 degrees [last week].” Proctor said she received a certificate of appreciation and a commander coin after dropping off the Misty Mates. “I was pretty moved,” she added. So far, Proctor has collected \$7,746.80 in donations.

Those who donated to Desert to Desert include: Proctor said that even after the last misting device is delivered, she wants to keep Desert to Desert active to help soldiers with other needs. She added that if she can’t achieve her goal by community donations alone, she’ll take a job and earn the extra money herself. Proctor said she has some Misty Mates left over, because she wants to hand it over to the military intelligence soldier. “The last time I heard, there are 1,390 11th Signal Brigade soldiers deployed in Iraq and that includes another Signal Corps,” Proctor said. Proctor is still accepting donations, which may be sent to FHCSC, Desert to Desert; P.O. Box 12202; Ft. Huachuca, AZ 85670-2202. For more information, call Proctor at 803-6599.



Photo by Capt. Mark Henry

Col. Brian Hurley (left), 11th Signal Brigade commander, thanks Jana Proctor and Gene Sanders, of the Sierra Vista Car Club, for the personal water misting devices donated to soldiers serving in the middle east.

“I thank all the ordinary citizens and non-profit organizations who donated,” Proctor said. “They really were very generous.” One local car dealer, Donovan Dodge, donated \$1,000. “That business was the top donor,” said Proctor, adding that ILEX Systems donated \$200. “I got a \$200 check from one of my friends in Tampa Bay [Fla.],” she said. Desert to Desert, Proctor said, wouldn’t be a reality if it were not for the people of Fort Huachuca and Sierra Vista. “I have people who write me a little note that says something very nice - ‘please accept this on behalf of the soldiers,’” Proctor said. “I just realize how important the soldiers are to me. Whatever I can do to make a difference in their time in Iraq [is good].” Proctor was inspired to help soldiers after hearing about Cool Our Troops, a similar program started by Mesa, Ariz. women, and wondered why no Misty Mates were going to Fort Huachuca troops stationed in Iraq. On Aug. 17, she set up a booth during a rally at Veteran’s Memorial Park in Sierra Vista, and raised

<b>Non-profit organizations:</b>	
AUSA Fort Huachuca, Sierra Vista Chapter	\$500
Fort Huachuca Thrift Shop	\$1,000
Joint Service Clubs of Greater Sierra Vista	\$500
La Solida Del Sol Lion Club	\$100
Sergeants Major Association	\$100
Sierra Vista Sport Cars Club	\$400
<b>Total</b>	<b>\$2,600</b>
<b>Businesses:</b>	
Canyon Title Agency	\$50
Delio's Old World Pizza	\$100
Donovan Dodge	\$1,000
E.F. Edwards Financial	\$100
Fitz Roof Coating	\$40
Frantz Eye Care Associates	\$50
Good Image Salon	\$50
Hereford Realty	\$50
ILEX System	\$200
The Art of Message (?) of Patricia	\$180
Visage	\$50
Wired Coffee Cup, Inc.	\$150
<b>Total</b>	<b>\$2,020.80</b>
Individuals:	
Group of real estate agents, the St. Stephen congregation and individuals: \$3,126	

# Navigating the contracting maze

BY DEBRA PARRA  
DIRECTORATE OF CONTRACTING

Pretend you are a buyer in the Directorate of Contracting. You receive a requisition through the electronic Purchase Request Web system with an item description that reads “chairs.” What do you buy for your customer based on the requisition? Folding chairs? Leather chairs? Beach chairs? Ergonomic chairs? Recliners? How many do you need? What color? What will the chairs be used for? You get the picture. Obviously, additional information is needed for the buyer to know what needs to be bought. Buyers in the Directorate of Contracting receive many purchase requests that don’t adequately describe the needs of the customer. This often results in a delayed purchase and delivery, since clarification must be sought before the buy can be made. Many times such delays can adversely impact the mission of the customer. When completing a requisition document, ask yourself what information you would need if somebody asked you to buy something and include this information in your requisition. The “W5 HM2” (or who, what, where, why, when, how many and how much) yardstick is a good guide in determining how to describe your needs.

The following information is extremely important for inclusion in purchase request documents submitted via PRweb to the Directorate of Contracting:

**An adequate description of the supply or service**

If the request is for a service, a performance work statement describing the service being purchased is required. If the request is for a supply item, a clear description of the item and its salient features must be included. When describing an item, the following factors should be considered for inclusion in the item description: size, color, function to be performed, dimensions, specifications, make or model, quantity required, intended use, standards of performance and any other information which might aid the buyer and the vendor in understanding your needs. The description block in PRweb has a limited number of characters, however, you can use the extended description block under the line item descriptions for the more detailed description. Another important thing to consider when describing your needs is to ask for installation in the description if installation is required. If you were to request a purchase of carpet, for example, you might just get a roll of carpet delivered to you without installation, which might not meet your needs. Be sure to be explicit if installation is required by specifically stating, “furnish and install” in the description.



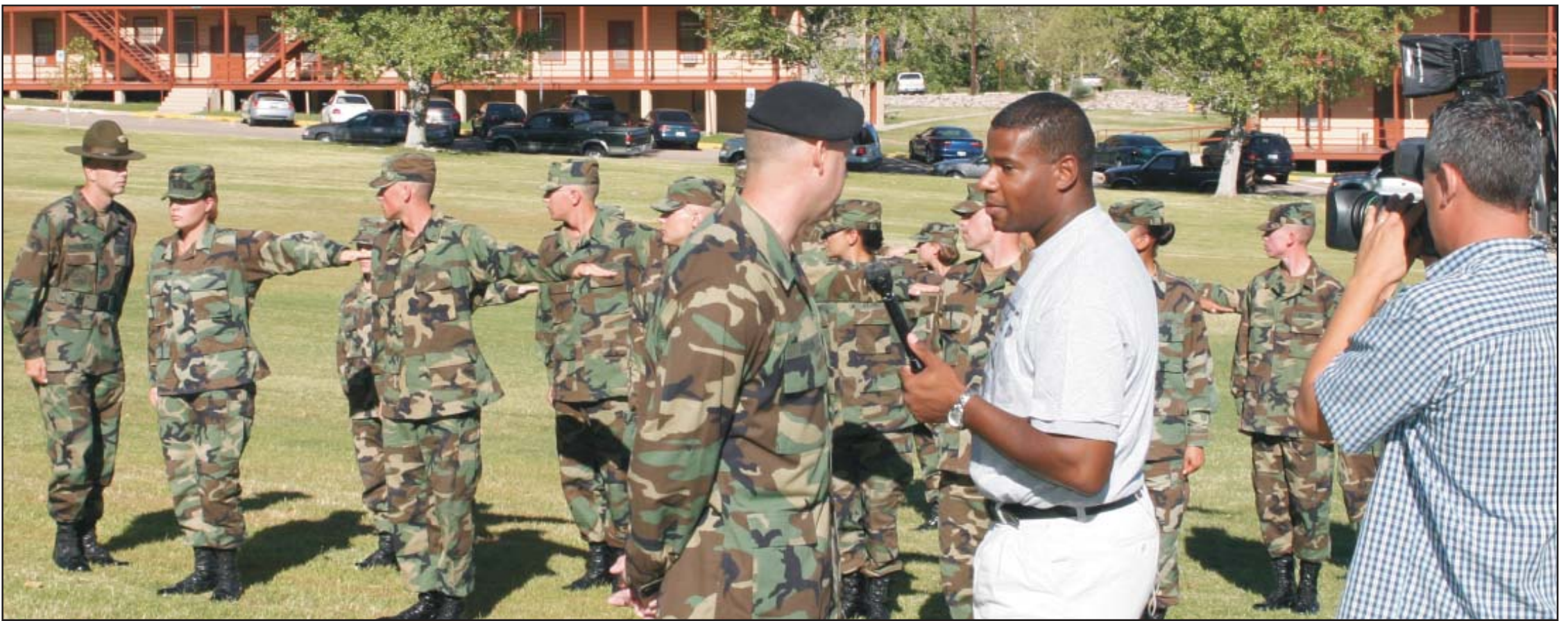
You may attach documents in PRweb; however, the system will only accept Microsoft Word or Excel documents. If you have other documents such as PDF, scanned or Internet Explorer documents that are germane to your requirement, you will need to provide them separately to the contracting officer. Be sure to include the PR&C number on the documents so the contracting officer can match them up with your PR&C via PR web.

**Delivery date or performance period**

For services, a period of performance is required. For sup

See **CONTRACTING**, Page 7





Photos by Spc. Matthew E. Chlosta

From left to right, 1st Sgt. James Broun, first sergeant, Company D 309th MI Bn. is interviewed live on Good Morning Arizona, by Weatherman Brad Perry and filmed by Cameraman Arnold Espinoza, as soldiers from Company D, 309th MI Bn. get a uniform inspection on Brown Parade Field.

# Live from Fort Huachuca, ‘Good Morning Arizona’

## Phoenix TV show highlights fort, Patriot’s Day

SPC. MATTHEWE. CHLOSTA  
STAFF WRITER

The “Good Morning Arizona” TV show from Channel 3 in Phoenix, filmed eight live segments on Brown Parade Field Sept. 11 in remembrance of the second anniversary of the Sept. 11, 2001 attacks.

GMA’s highly energetic weatherman, Brad Perry, hosted the segments, which highlighted several different military activities that take place on post on a daily basis including reveille, physical training, soldier inspections and a K-9 demonstration by military police.

The live segments were inter-cut twice an hour during the live morning show, which was broadcast from 5 - 9 a.m. in Phoenix, and from 5 - 8 a.m. locally on Channel 11 in Tucson and Cochise County.

“I am looking forward to it,” said Perry before the broadcast. “I’m looking forward to getting a good education about what Fort Huachuca does.”

Perry said he couldn’t wait to see the physical training and the drill sergeant inspections.

Perry was accompanied by Channel 3’s high-tech satellite truck, which was parked across the street from the commanding general’s house, adjacent to the flagpole on Brown Parade Field.

To coordinate the satellite dish link-up to the live feed, Mike MacKenzie, Channel 3 newsgathering technician, used a computer compass and global positioning system.

Perry also brought Cameraman Arnold Espinoza to shoot the segments.

“It’s great to be here,” said Espinoza. “This is awesome, a rare opportunity to see some of the best equipment in the country.”

The first segment was at 5:10 a.m. with a static display of the Shadow 200 Unmanned Aerial Vehicle, Prophet System and Common Ground Station (Military Intelligence System).

After the UAV, Perry and a platoon of soldiers from Headquarters and Headquarters Company, Garrison did

some Army PT at 5:40 a.m.

Perry joined the soldiers mid-way through his second live segment for push-ups, while giving an entertaining running commentary live on the air.

At 6:10 a.m. reveille was performed with soldiers raising the flag and lowering it to half-staff, while GMA alternated between its live coverage here and the ceremonies at the Pentagon, Alexandria, Va., and the World Trade Centers in New York.

The segment at 6:35 a.m. had Garrison Commander, Col. Lawrence J. Portouw talking with Perry about the history of the post.

After Portouw, the 259th Engineers Company, Arizona National Guard, came out for a segment. Company commander, Capt. Tom Wells, 259th Engineers Company, spoke with Perry about force protection since Sept. 11, 2001, while the soldiers from the unit posed for the TV camera with the Arizona state flag in the background.

“I think this is great,” said Wells. “Sept. 11 is important [but] we don’t need a special day to celebrate soldiers and their sacrifices.”

In between segments Perry checked in with the home studio through his ear piece and microphone to get his weather updates.

Perry also spent time with a lot of the soldiers laughing and joking around.

Next, was a short interview with Ron Castro, engineer Fire Station 2 Fort Huachuca. He brought the

post fire department’s newest Hummer 1 for the “video op.”

The 7:45 a.m. segment featured the Military Police K-9 Unit with Pfc. Kyle Slania, dog handler; Sgt. Travis Butzen, dog trainer and Rocky, an MP K-9 dog, all with the 18th MP Detachment. They demonstrated patrol and detection work.

“We use the dogs for bomb threats, health and welfare inspections, suspicious packages and random searches,” said Butzen.

Releasing the K-9 dogs on a suspect is the second to last option in apprehending a criminal before shooting them, added Butzen.

At 8:25 a.m. Christopher Zimmerman, commander, B Troop 4th U.S. Cavalry (Memorial) was interviewed by Perry for the second to last segment.

In the final segment of the day’s show at 8:35 a.m. Staff Sgt. Vincent Ingallinera, drill sergeant, Company D, 309th MI Bn. did a uniform inspection for a platoon of Advanced Individual Training soldiers from Company D, 309th MI Bn.

“Just another day,” said Ingallinera. “I have to inspect

‘Just another day. I have to inspect them today anyway. I may as well do it in front of the camera.’

Staff Sgt. Vincent Ingallinera, drill sergeant, Company D, 309th MI Bn.



Sgt. Vincent Ingallinera, drill sergeant, Company D 309th MI Bn. inspects the uniform of Pvt. Tammy Oprihory, Company D 309th MI Bn. for the last live segment of GMA on Sept. 11.

them today anyway. I may as well do it in front of the camera.”

All of the students in the inspected platoon from Company D graduated Monday.

Perry’s time on post was coordinated by the Public Affairs Office media escort team, which consisted of Tanja Linton, media relations officer and Joan Vasey, media relations specialist.

The show wrapped after the platoon inspection at 9 a.m. “It was a lot of fun,” said Perry.



Above, Perry discusses Fort Huachuca with Christopher Zimmerman, commander, B Troop, 4th U. S. Cavalry (Memorial).

Right, Perry does push-ups as he gets free physical training for mispronouncing Broun’s name as Espinoza zooms in for the shot.





# ISEC awards civilians returning from Asia

BY SPC. MATTHEWE. CHLOSTA  
SCOUT STAFF

The United States Army Information Systems Engineering Command held a welcome home ceremony at 10 a.m. on Sept. 5 at Greely Hall auditorium. The ceremony was for civilians, military and contractor personnel, who were deployed to Southwest Asia during Operation Enduring Freedom and Operation Iraqi Freedom. The personnel were sent as individuals rather than as a unit, so their service time in theater varied.

There were bonds formed between all of you during your time in theater, that are unbreakable, said Col. Michael Brown, commander of USAISEC. All of the individuals honored received USAISEC Commander’s Coins. “Your dedication has made a significant contribution to the global war on terrorism,” said Brown. The honored personnel provided information engineering support, communications connectivity and video teleconferencing capabilities from May 2002 through August 2003. They were technical experts as part of the task force team

that responded to the many quick-reaction missions in support of U.S. Army Central Command, the Combined Forces Land Component Commander and NETCOM. All of the military and government civilians received a U.S. Army Communications-Electronics Command certificate of Recognition for their deployment to SWA. Three of the civilians received the Commander’s Award for Civilian Service, while seven soldiers earned the Army Achievement Medal. “Welcome home, thank you for a job well done,” said Brown.

## Voice your opinion, learn about relevant issues in public forums

Meetings on Fort Huachuca that are open to the public:

• **Fort Huachuca Accommodation Schools Governing Board Meeting:**

Generally held every second Monday of the month. Dates for the rest of the year are: Oct. 14, Nov. 17, Dec. 8. The meetings are held at 3:15 p.m. at the Smith Middle School library. For further information or to get an item on the agenda, call Diane Chinen, at 459-8199.

• **New Beginnings, “Parents Who Care” meeting:**

Held every third Wednesday of the month, at 4:30 p.m. at the Child Development Center. Issues involving the Child Care Center or the School Age Services Center are discussed. Contact Heidi Malarchik, director CDC, 533-5209 for more information.

• **Post Conservation Committee Meeting:**

Held quarterly to discuss local and regional conservation is-

sues.

Next meeting Nov. 19, normally held in the Holland Room, Riley Barracks.

Contact Rob Bridges, 533-1863 for more information.

• **Environmental Quality Control Committee Meeting:**

Held periodically. Next meeting is Oct. 1, at 9:30-11:15 a.m., in Directorate of Community Activity Conference room, Bldg. 22214. Contact Tom Cochran, 533-5215 for more information.

• **Round Up:**

Held first Tuesday of every month, at La Hacienda, 10-11:30 a.m. Purpose of the meeting is to facilitate the exchange of information on the installation including but not limited to: events, services, changes, etcetera.

• **Fort Huachuca’s live town hall television program, “Feed-back”:**

Held quarterly at the Commander’s Access Channel studio in the Public Affairs Office.

Hosted by the Commanding General, directors of various installation programs are in the studio to answer viewers questions by phone or e-mail during the hour long program.

Contact Angela Moncur, command information chief, 533-1985.

• **Post Exchange and Commissary Council Meeting:**

Held quarterly at Murr Community Center, anyone can bring up any issue.

Conducted by the Deputy Garrison Commander.

Contact Jim Chambers, deputy garrison commander, 533-1178 for more information.

• **Military Affairs Committee Luncheon** (subcommittee of Sierra Vista Chamber of Commerce).

Held first Wednesday of every month at Lakeside Activity Center. Purpose of meeting is for the outlying cities and counties to exchange information with the installation on events and issues. The outstanding unit of the month, Soldier of the Month, Civilian of the Month and NCO of the Month are given recognition.

WATER, from Page 1

Air Tanker Base is zero gallons. From January through July, 2003 the tanker base used 637,769 gallons (1.96 acre-feet) to support wildfire suppression activity in Southeastern Arizona.

Treated effluent reuse for August 2003 was 24.9 acre-feet. This is water that did not have to be pumped from the groundwater aquifer to irrigate the golf course and Chaffee parade field/Prosser (MI) Village.

“This is both a water and an energy savings,” Shaugnessey stated.

Water usage increased in August due to dust control in conjunction with the “effluent reuse” construction project and the family housing demolition/construction project in Perishing Plaza-West.

Another factor was the water usage involved with the establishment of sod-turf areas associated with the family housing project in Bonnie Blink and Cavalry Park in the Mason/Crandal/Wright areas.

A portion of the increase is also attributed to fire hydrant testing that is accomplished each year from September to April.



*Happy  
Birthday to  
the U.S.  
Air Force*

CONTRACTING, from Page 3

plies, a realistic delivery date must be listed so the buyer knows when you need the items.

The fund cite

A fund cite is required on every PR. If the PR is subject to availability of funds, a note to that effect should be included with the fund cite. Note also that there is a Fort Huachuca Fund Cite template PRweb which you should use so the fund cite will cross from PRweb to our Standard Procurement System and then to DFAS via the interface between SPS and DFAS for payment purposes.

Delivery location

The delivery location should be clearly annotated on the PR. If the item goes to a warehouse, the building number and address information should be included in the ship to block of the PR under line item descriptions.

Suggested sources

Part of the market research you do to determine your needs should include vendors or companies who can supply the item. Inclusion of vendors as suggested sources in the suggested vendor block of the PR will help the buyer to expedite your purchase. In normal situations, the buyer must compete each purchase between at least three vendors so providing multiple vendors under the suggested source block is helpful.

Point of contact

Make sure to include your name, phone number and e-mail in the issuing office or additional point of contact blocks on the PR so buyers know who to call for clarification or other questions. When routing PRs to DOC, it is extremely important that you use the DOC distribution addresses in PRweb. Do not route PRs to an

individual by name. The three addresses set up in PR Web for DOC are hprdkoh for DIS Engineering and Housing and Environmental requirements, hprdkols for actions less than or equal to \$100,000 and hprdkol for all other actions. Following these guidelines will go along way to ensure that you get what you need when you need it to support your mission. Another important, and often overlooked, issue related to purchase of supply items is property accountability. If you are preparing a purchase request for a supply item, you should contact your organization’s hand receipt holder to ensure that the item being purchased gets accounted for properly. The routing templates in PRweb should be used as a tool for getting necessary approvals such as property book officer approval for supply items and your information technology office’s approval for information technology pur-

chases. The budget office should also be included in the routing of PRs for fund availability and commitment purposes. Each organization has its own review and approval chain so you should ensure that your routing template is appropriately set up to comply with your organization’s approval requirements prior to submitting a requisition. A good rule of thumb is to think about how you might hand-carry a hard copy PR through the approval chain and set up your electronic routing template accordingly. Your organization’s supply technician, hand receipt holder, or property book officer should be able to help you determine the appropriate routing for your documents. Considering the W5 HM2 formula when describing your needs will help assure that you get what you need when you need it and coordinating with your property book officer, via the PRweb routing templates, will ensure proper property accountability for purchased items.



# Community Updates

## Building closed for inventory

The Installation Ammunition Supply Point in Building 13522 will be closed for quarterly inventory Sept 25-26. Emergencies need to be directed to Manny Bringas, ASP, at 533-2512 or Jose Fierros at 533-3617.

## Domestic violence prevention classes offered

October is Domestic Violence Prevention Month, and Army Community Service’s Family Advocacy Program will be offering several classes on domestic violence prevention throughout the entire month.

These classes will be open to the community on a reservation-only basis. They will be held at the ACS conference room, Building 50010.

Several briefings are scheduled so that enough opportunities will be available to those interested. Class will be offer as follows: 6 - 8 p.m., Oct. 6; 2 - 4 p.m, Oct. 15; 6 - 8 p.m., Oct. 20 and 2 - 4 p.m., Oct. 30. For further information or reservations, call ACS at 533-2330.



## Blood drive in Eifler

There will be an Armed Forces blood drive 10 a.m. - 8 p.m., Tuesday and Wednesday in Eifler Gymnasium. For more information, call 533-4723.

## Spanish test at center

A Spanish college-level examination program test is being offered at the Education Center. The test is free to active duty military, who must call to schedule the test. Family members may take the test for \$56.

The recommended credit hours are between six and 12; Cochise College grants 15 semester-hour credits for the test, which involves audio and reading (all multiple-choice questions). For more information, call 533-2390, 533-5690 or 533-1701.

## Warrant officers needed

The United States Army is looking for highly motivated soldiers to fill its warrant officer ranks. Positions are open in all 48 specialties. Soldiers with less than 12 years active federal service are

encouraged to apply. For more information, contact the Warrant Officer Recruiting Team at [www.usarec.army.mil/warrant](http://www.usarec.army.mil/warrant) or 536-0484, 536-0458, 536-0488 or 536-0478.

## ASMC Luncheon next week

The Cochise Chapter of American Society of Military Comptrollers will hold its monthly business luncheon at 11:30 a.m. Wednesday at the La Hacienda Club.

Capt. Steven Moseley, commander of Company B, 86<sup>th</sup> Signal Battalion, 11<sup>th</sup> Signal Brigade (Network Enterprise Technology Command) will speak to the Chapter on the 11<sup>th</sup> Signal Support to Operation Iraqi Freedom.

The lunch menu will be southern buffet. The cost is \$9 for ASMC members and \$10 for non-members. To make reservations and purchase tickets, ASMC members and guests should contact organizational representatives. Members of the public are welcome to attend and should contact Linda Guinter 456-2961 for reservations.

## Hispanic luncheon Oct. 2

“Honoring Our Past, Surpassing Our Present, Leading the Future” is the theme of a special luncheon commemorating Hispanic Americans 11:30 a.m. to 1 p.m., Oct. 2 at La Hacienda.

The buffet-style luncheon will feature Spanish cuisine and is open to the public. Several military and civilian speakers will speak on their perspective of what Hispanic heritage means to them.

The cost of the luncheon is \$8.50. Tickets may be purchased through Sept. 29 through several Equal Opportunity offices on post.

For ticket information, call: Fort Huachuca EEO at 533-1717; 111th Military Intelligence Brigade EEO at 533-3672; U.S. Army Garrison and 11th Signal Brigade EEO at 533-3672 and Network Enterprise Technology Command EEO at 538-0909.



## Career seminar Sept. 25

The Fort Huachuca Army Career and Alumni Program is sponsoring a presentation by the Military Officers Asso-

ciation of America, titled “Marketing Yourself a Second Career,” 1-3:30 p.m., Sept. 25 at the Cochise Theater.

It is free to both senior non-commissioned officers and officers who are considering a transition from the service in the future.

Retired Col. Dick Crampton, deputy director of MOAA’s placement services, will make the presentation.

He will discuss the realities of civilian job competition, networking, salary negotiations, civilian perceptions, how to strengthen a resume, preparing for an interview and salary and benefit packages. For more information, call Nolan Cook at 533-7314.



## Upcoming range closures

Today – AG, AH, AI, AK, AL, AM, AN, AU, East Range, T3

Friday – AH, AI, AK, AL, AM, AN, AR, AY, T1, T1A, T2

Saturday – T1, T1A, T2

Sunday – T1, T1A, T2

Monday – AH, AL, AR, T1, T1A, T2

Tuesday – AH, AK, AL, AM, AR, T1, T1A, T2

Wednesday – AH, AK, AL, AN, AR, T1, T1A, T2

For more information on range closure, call Range Control 533-7095.

## Command and general staff officers’ course

Majors still have an opportunity to enroll in the required officer professional development course here at Fort Huachuca.

Both phases I and III of the command and general staff officers course will start in October and meet one weekend each month.

The classroom option has numerous advantages over the correspondence version, including a higher graduation rate and grade average, workload sharing, interaction with active and reserve students and instructor support.

There is both a minimum and maximum number of students allowed in each class. To enroll, call Bill Puciello at [purciellow@hua.army.mil](mailto:purciellow@hua.army.mil) or 533-6514 or 803-1129.

# Health News

# ‘Mini strokes’ shouldn’t be taken lightly

BY LT. COL. ROMAN BILYNSKY, M.D.,  
FAAP, WBAMC PEDIATRIC NEUROLOGIST

A transient ischemic attack is a sudden, brief (less than 24 hours, but usually less than one hour) decrease in brain function caused by a temporary interruption in the blood supply of the brain that, unlike a stroke, does not lead to permanent brain damage.

TIA's are sometimes also called a “mini stroke” or “warning stroke.”

This is a serious warning condition, because about 5 percent of Americans who have a TIA will have a stroke within one week and within five years, 35 percent, or one in three, will have a stroke.

A stroke of the brain is like a heart attack. It happens when the blood supply to part of the brain is affected by blood vessels that burst or are clogged by a blood clot or other obstruction.

As the brain is deprived of oxygen, nerves in the brain begin to die within minutes. This leads to permanent brain damage and its neurological consequences, like a heart attack leads to permanent cardiovascular problems.

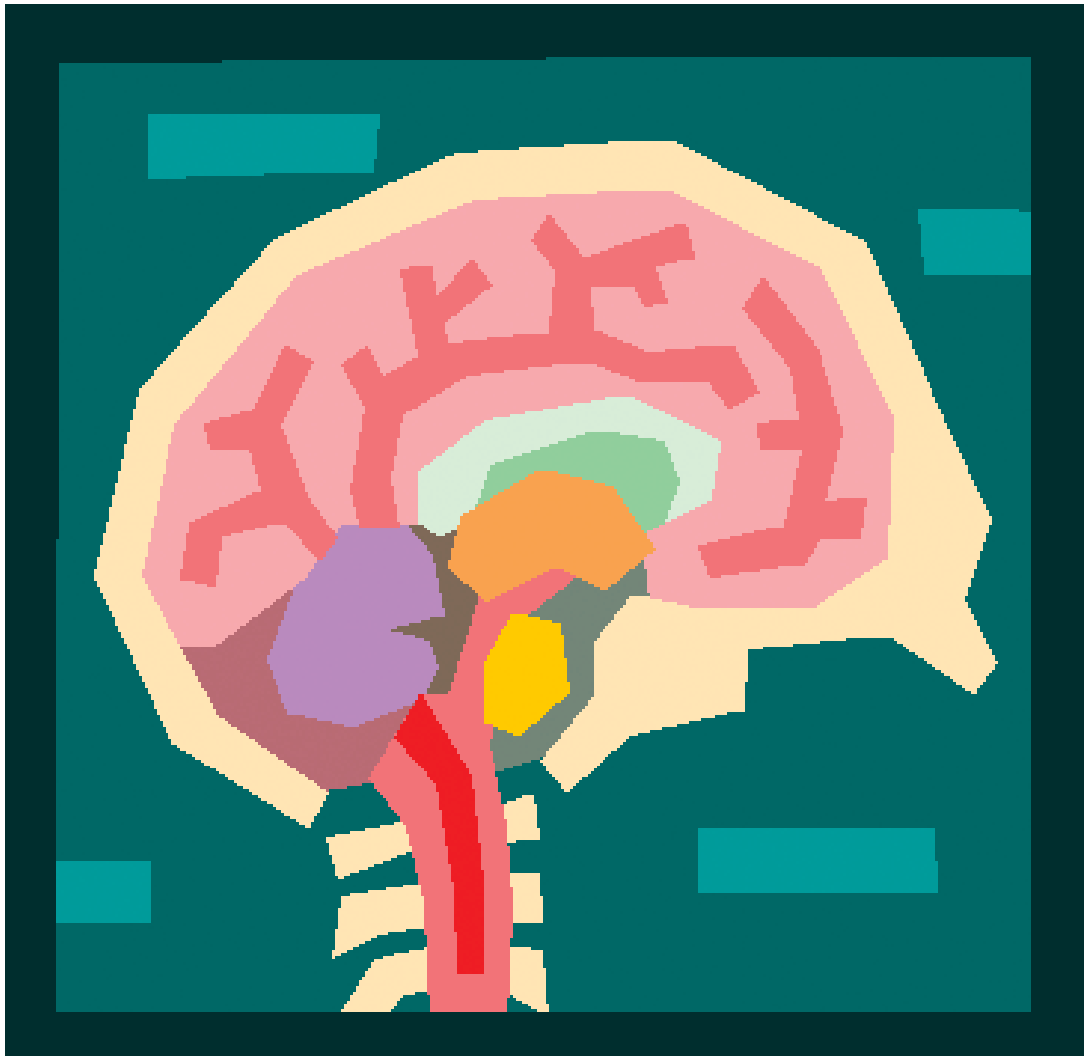
## Signs and symptoms of TIA

There are numerous potential signs or symptoms of TIAs, but most commonly seen are the following:

- Numbness, tingling, or changes in sensation (typically on one side of the body – face, arm and/or leg);
- Weakness or a heavy feeling of extremities (usually one sided);
- Difficulty speaking (garbled, thick or slurred speech; getting some or any words out;
- Change in vision, often described as loss of vision in one eye like a “shade coming down,” decreased or double vision (that can mimic some eye conditions);
- Vertigo (typically a room spinning sensation, or dizziness, giddiness, lightheadedness);
- Difficulty walking, change in coordination (limping on one side);
- Facial weakness or paralysis (typically one sided);
- Headache or eye pain (usually not a typical tension type or migraine headache), and;
- Changes in mentation (thinking) or confusion.

## Risk factors for TIA and stroke

People with high blood pressure (hypertension), heart disease, certain blood disorders, migraines and diabetes are at increased risk for stroke.



A family or personal history of TIA or stroke as well as smoking, obesity, aging and a sedentary lifestyle increase your risk of stroke.

Men have a greater risk of stroke than women, but women account for 62 percent of deaths of stroke. It kills twice as many women in the United States as breast cancer. The risk by stroke doubles for every decade of life after age 55 years.

Risk factors over which you have no control include gender, age, race and personal or family history. Risk factors over which you have control include hypertension, high cholesterol, excessive alcohol consumption, smoking and a sedentary lifestyle.

High blood pressure is the most significant and the most treatable risk factor for TIA and stroke. Knowing that you have high blood pressure, even in the absence of any visible or felt symptoms is the first step in reducing your risk of stroke. Remember, most people with high blood pressure do not know they have it.

Because it doesn’t cause symptoms is not a reason to ignore it – an ounce of prevention is worth a pound of cure (that may not be available or effective if it gets to that point).

It causes stress on the walls of the blood vessels leading to blood clots or rupture of ves-

sels. High blood pressure is if it is consistently at or over 140/90. Stroke risk is increased three-fold with hypertension, and even borderline hypertension increases stroke risk by 50 percent.

Though it is not common, infants and children can also suffer from transient ischemic attacks or strokes. They are often associated with head trauma, injuries to the chest or neck, congenital heart disease, drug abuse, sickle cell anemia and other inherited or acquired blood or connective tissue disorders.

## Diagnosis of TIA

This is often a difficult condition to diagnose because often symptoms have resolved by the time the patient gets to a doctor.

Sometimes symptoms of TIA are confused with stress, pinching a nerve, sleeping or sitting wrong, stress headaches, something in the eye or a touch of the flu.

These delays in seeking medical attention and treatment can lead to delay in diagnosis and potentially effective preventative treatment.

If the history is suspicious or consistent with a TIA or stroke additional examinations or procedures may be performed to evaluate

the problem and help rule out other disorders. They may include evaluation of blood pressure, heart disease, carotid artery disease, diabetes, blood lipid levels, and for evidence of brain injury by cranial CT scan or MRI scans.

Remember, that not every patient with symptoms suggestive of a TIA or stroke is having one, but the price for not reacting appropriately to these signs may be permanent neurological disability or death.

## Treatment options

There are a number of medications that are effective for reducing the risk of recurrent stroke in patients with TIA.

They include antiplatelet agents like Aggrenox (a combination of aspirin and extended release dipyrimadole), Plavix, aspirin and ticlopidine (Ticlid).

Anticoagulants like heparin and Coumadin are not routinely used for TIA, but Coumadin is the drug of choice for long-term treatment of patients with atrial fibrillation, or a heart rhythm problem.

Secondary but equally important treatment of elevated blood cholesterol can reduce stroke risk up to 30 percent.

If you haven’t had your blood pressure checked recently, do it. It could help prevent serious disability or death. Patients with narrowing of the main arteries in the neck can help patients with major blockages.

Lifestyle changes that reduce risk include smoking cessation, reduction of alcohol use, diet, regular aerobic exercise (15-20 minutes three times a week – see your doctor before starting any new exercise program), stress reduction and regular medical examinations.

## Additional information

If you suspect that you are having or had a transient ischemic attack or stroke, see your doctor for evaluation.

Many people who suddenly develop neurological symptoms do not contact their doctors or seek help because the events are brief and think they are unimportant. They are no less important than the signs of a heart attack.

For more information on stroke please refer to the following websites:

- American Academy of Neurology – [www.aan.com](http://www.aan.com)
- American Heart Association – [www.americanheart.org](http://www.americanheart.org)
- American Stroke Association – [www.StrokeAssociation.org](http://www.StrokeAssociation.org)
- National Institute of Neurological Disorders and Stroke (NINDS) – [www.ninds.nih.gov](http://www.ninds.nih.gov)
- National Stroke Association – [www.stroke.org](http://www.stroke.org)